

# October 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Saturday Walk Mileage
			1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	<b>25</b>	
						<b>Kiwanis Group Walk 3 miles</b>	3 mile walk
26	27	28	29	30	31		
	2 Mile walk		1 mile walk		Halloween		
Notes:							

# November 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Saturday Walk Mileage
1	2	3	4	5	6	7	
						3 mile walk	3 mile walk
8	9	10	11	12	13	<b>14</b>	
	2 mile walk		1 mile walk			<b>Kiwanis Group Walk 3 miles</b>	3 mile walk
15	16	17	18	19	20	21	
	2.5 mile walk		1 mile walk			3 mile walk	3 mile walk
22	23	24	25	26	27	<b>28</b>	
	3 mile walk		1 mile walk			<b>Kiwanis Group Walk 4 miles</b>	4 mile walk
29	30						
	3 mile walk		1 mile walk	Thanksgiv ing		4 mile walk	4 mile walk
Notes:							

# December 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		1	2	3	4	5	
	3.5 mile walk		1.5 mile walk			<b>Kiwanis Group Walk 4 miles</b>	4 mile walk
6	7	8	9	10	11	12	
	3.5 mile walk		1.5 mile walk			4 mile walk	5 mile walk
13	14	15	16	17	18	19	
	4 mile walk		1.5 mile walk			<b>Kiwanis Group Walk 5 miles</b>	5 mile walk
20	21	22	23	24	25	26	
	4 mile walk		2 mile walk	Christmas		5 mile walk	5 mile walk
27	28	29	30	31			
	4.5 mile walk		2 mile walk				
		Notes:					

# January 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				1	2	3	
						<b>Kiwanis Group Walk 5 miles</b>	5 mile walk
4	5	6	7	8	9	10	
	4.5 mile walk		2 mile walk			6 mile walk (Missfit Snowshoe Trip)	6 mile walk
11	12	13	14	15	16	17	
	4.5 mile walk		2.5 mile walk			<b>Kiwanis Group Walk 6 miles</b>	6 mile walk
18	19	20	21	22	23	24	
	5 mile walk		2.5 mile walk			6 mile walk (Missfit Snowshoe Trip)	6 mile walk
25	26	27	28	29	30	31	

	5 mile walk		2.5 mile walk			<b>Kiwanis Group Walk 6 miles</b>	6 mile walk
Notes: The Miss Fit Snowshoe and Hiking trips are not included							
If you would like to attend one of those, please see Krysti or Nikki for Details							

## February 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2	3	4	5	6	7	
	5 mile walk		2.5 mile walk			<b>Kiwanis Group Walk 7 miles</b> Mt Hood Retreat	7 mile walk
8	9	10	11	12	13	14	
	5.5 mile walk		3 mile walk			7 mile walk (Miss Fit Snowshoe Trip)	7 mile walk
15	16	17	18	19	20	21	
	5.5 mile walk		3 mile walk			<b>Kiwanis Group Walk 7 miles</b> Cabo Trip	7 mile walk
22	23	24	25	26	27	28	
	5.5 mile walk		3 mile walk			7 mile walk (Miss Fit Snowshoe Trip)	7 mile walk
Notes: The Miss Fit Snowshoe and Hiking trips are not included							
If you would like to attend one of those, please see Krysti or Nikki for Details							

## March 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2	3	4	5	6	7	
	6 mile walk		3 mile walk			<b>Kiwanis Group Walk 8 miles</b>	8 mile walk
8	9	10	11	12	13	14	
	6 mile walk		3 mile walk			8 mile walk (Miss Fit Showshoe Trip)	8 mile walk

15	16	17	18	19	20	21	
	6.5 mile walk		3.5 mile walk			<b>Kiwanis Group Walk 8 miles</b>	8 mile walk
22	23	24	25	26	27	28	
	6.5 mile walk		4 mile walk			8 mile walk (Miss Fit Hike)	8 mile walk
29	30	31					
	6.5 mile walk						
Notes: The Miss Fit Snowshoe and Hiking trips are not included							
If you would like to attend one of those, please see Krysti or Nikki for							

## April 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			1	2	3	4	
			4 mile walk			<b>Kiwanis Group Walk 9 Miles</b>	9 mile walk
5	6	7	8	9	10	11	
Easter Sunday	7 mile walk		4 mile walk			8 mile walk (Miss Fit Hike)	8 mile walk
12	13	14	15	16	17	18	
	7 mile walk		4 mile walk		Opal Creek Getaway	7 mile walk (Opal Creek Getaway)	7 mile walk
19	20	21	22	23	24	25	
Opal Creek Getaway	6 mile walk		3.5 mile walk			<b>Kiwanis Walk!!</b>	
26	27	28	29	30			
Notes: The Miss Fit Snowshoe and Hiking trips are not included							
If you would like to attend one of those, please see Krysti or Nikki for Details							